

1 Dare to dream
MY BIG HAIRY AUDACIOUS GOAL



My BHAG:

In years/months

WHERE AM I In 6 months

.....

Choose love
 over fear

2 MY BELIEFS & FEARS

Beliefs I leave behind

1 I am
 2 I am
 3 I am



Beliefs I take with me

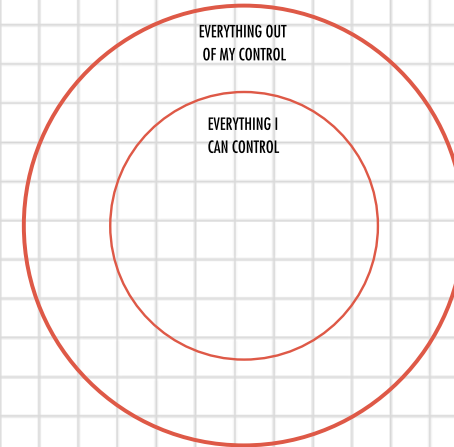
1 I am
 2 I am
 3 I am



3 MY CIRCLE OF INFLUENCE

Focus only on what
 you can control

What I am no longer trying to control
 and what I can control



6 MY STATEMENT OF

Freedom & Inner Power

I, see, feel, hear, know that I am.....

My freedom lies in

..... and my inner power is

4 Build your solid rock
SMALL STEPS

I commit myself to the following
 5 small, dedicated steps every day

1
 2
 3
 4
 5

5 MY TOOLS Align

to get back into alignment



1
 2
 3
 4
 5



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